

# Maternal & Child Health Programs

Clatsop County Public Health Department's Maternal Child Health Services offer help to pregnant women, young children and families. We can help you find answers to questions about your pregnancy, education and support to expectant parents and parents of children in the areas of nutrition, safety, growth and development, parenting, child abuse prevention, disease prevention and health promotion. The focus of the program is the delivery of services in the home setting by public health nurses and paraprofessionals. There is no charge to you for these services; however, Oregon Health Plan may be billed for some services.

For information about [WIC \(Women, Infants and Children\)](#) nutritional support program for families, [click here](#).

Women's health is a part of the service we provide at Clatsop County Public Health Department. This includes pregnancy prevention by providing a wide range of [contraceptives](#). Other services include Well Women exams and health counseling by healthcare professionals who are experts in the field. [Click here for more information](#).

## Our staff can:

- Answer questions about keeping you and your child healthy and when to see the doctor
- Show you ways to help your child grow and learn
- Help you learn what your child is telling you before he/she can talk
- Help you make your home and car safer for your child
- Work with you to solve problems that affect your family's health
- Guide you through the process of getting health care and/or applying for the Oregon Health Plan.

### [Babies First! Program](#)

[The nurse can follow your pregnancy and child's growth from birth up to age 5 if possible. The nurse will:](#)

- [Plan with you for a healthy pregnancy](#)
- [Discuss your diet during your pregnancy](#)
- [Share information you need about being pregnant, your growing baby and labor/...](#)

[Read More](#)

[Cacoon Program](#)

There is a program for families with children who have special health care needs. Along with the services listed above, the nurse will:

- Answer questions about your child's health needs and special care
- Help you find special services your child may need
- Help you talk...

[Read More](#)

[Breastfeeding Your Baby](#)

## Supporting Documents

Babies First! & Pregnancy Referral Form 633.3 KB

CaCoon Referral Form 67.5 KB